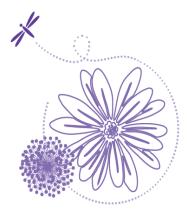
SITE LIAISON



The Girls on the Run® Site Liaison must possess a passion for and commitment to improving the lives and opportunities of girls in third through eighth grades. The Girls on the Run (GOTR) program provides a safe and interactive way to learn about healthy living which includes an introduction and education on important topics such as goal-setting, cooperation, healthy decision-making, and self-respect, while training for a 5K event. The innovative curriculum teaches girls to listen and open up while also encouraging them to commit to a healthy lifestyle, and harness the inner strength that they possess. Our important mission is accomplished by giving girls the tools to make positive choices for a healthy body and mind, while reducing the many risks they face today. A Girls on the Run Site Liaison serves as a link between coaches, participants, parents, school administration and Girls on the Run of Northern Arizona. The Site Liaison is not required to be at practices, but can also serve as a coach of the team if interested.



RESPONSIBILITIES OF A SITE LIAISON



Site Liaisons are responsible for:

- Communicating with the site administration
- Securing twice weekly practice space for GOTR
- Recruiting 2-3 coaches
- Providing a school calendar
- Encouraging at least 8 girls to participate in GOTR
- Submitting registration forms and fees
- Finding and assigning running buddies for the 5k
- Serving as a Coach or Substitute Coach

If you are ready to apply to be a GOTRNA site, please visit http://www.gotrna.org/Start-Site to complete your application.

Contact Marney Babbitt at 928-522-9452 or Marney.babbitt@girlsontherun.org with questions

TIMELINE OF THE SEASON

When	What	How
January- April	Apply to be a Site	 Get permission from the administrator at your site Find a Head Coach and 1-2 Assistant Coaches for your team Secure twice weekly practice space for GOTR: outdoor and indoor space, a meeting location (front lobby/gym), small storage space, and access to restrooms Complete the online Site Application Form
April	Get your Site on Board	 Meet with GOTRNA staff at your site for a tour Recruit girls to join your team
Late June	Meet your Coaching Team	GOTRNA sends out final coaching rosters. Plan a meeting with your coaching team at your site.
July	Final Details	 Provide GOTRNA with: Confirmation of reserved practice rooms Site Calendar practice days, times and who will lead practice. Be sure to include school holidays or conference days when there won't be practice.
August	Training/ Recruit Girls	 Attend Coach Training (as a coach for your team, or a substitute) Girl Registration opens July 31 Encourage girls to register online Answer any parent questions at your site Ensure you have at least 8 girls on your team
The week of August 21	The First Practice	Attend the first practice to meet families, hand out grown-up guides and explain the role of a Running Buddy
September- November	The GOTR Season	 Serve as a Coach or Substitute coach as needed Talk with your school community about being a Running Buddy
November	Running Buddy Assignment	With assistance from GOTRNA, ensure that every girl on your team has a Running Buddy registered for the 5k
Saturday, November 11	5k	Join us as we celebrate the season!

