



Girls on the Run of Southeastern Wisconsin INTERNSHIP

Girls on the Run of Southeastern Wisconsin is dedicated to helping pre-teen girls realize just how incredible they are. We are a nonprofit organization with the mission of inspiring girls to be joyful, healthy and confident using a fun, experience based curriculum which creatively integrates running. Our vision is to positively transform how girls and women perceive themselves and their significance in society.

Qualities:

We are looking for highly energetic individuals who are passionate about the GOTR mission and vision. Interns will work directly with the GOTR of Southeastern WI staff and board members and be exposed to our shared leadership organizational structure. Interns will also have a designated coach/liaison for the duration of their internship that will provide guidance, mentoring and support. Our program sites are located across Greater Milwaukee & Racine areas and therefore hours and locations of activities will vary depending on interns' availability and responsibilities. Flexibility is a plus. Each intern will be required to complete a minimum of 10+ hours/week but can complete more hours based on expectations of school. We are open to applicants from any major/minor and year of graduation. This is a non-paid internship although a stipend will be provided to help defray travel and related expenses.

Focus Areas:

- **Program & Education:** Help us ensure our 10-week curriculum, which teaches girls to live with a stronger sense of identity, greater self-confidence, a healthier body image and a better knowledge of what it means to be a member of a team and a community, is operating effectively at each program site. This may involve coaching at one of our sites or supporting GOTR staff with the development and implementation of the program across the Greater Milwaukee & Racine area.
- **5K Planning & Execution:** Help us coordinate all of the tasks needed to make our season ending celebration happen. This may involve helping with the distribution of race collateral, meeting deliveries, helping to coordinate race-day volunteers and leading a booth at the 5K.
- **Development & Fundraising:** Assist in developing and executing GOTR fundraising plans. This may involve creating and running your own fundraiser, helping us outreach to individual donors or researching and writing grants.
- **Communications & Marketing:** Help us tailor our GOTR messages to reach intended audiences. This may include using social media, helping craft specific and targeted messages and developing and executing marketing plans.
- **Administrative:** Help support Girls on the Run staff, coaches, and volunteers by organizing and completing administrative tasks.

Requirements (Per Semester):

- Attend Coach Training and coach for one season or participate in a minimum of 2 GOTR practices.



- Attend the season end 5k run/walk celebration.
- Attend a minimum of 3 outreach/networking events.
- Observe & participate in at least 1 Board meeting.
- Have regular access to transportation.
- If doing as a for credit option, conduct a special project related to the specific focus area you choose for your internship.
- Complete a background check.

Benefits:

- Help positively transform the lives of girls!
- Develop and enhance your leadership and interpersonal skills.
- Gain community outreach and non-profit organizational experience.
- Explore your professional interests and options.
- Network with an amazing and accomplished group of women who have diverse professional backgrounds.

Ready to get started?

Please send a cover letter and resume to recruitment@gotr-milwaukee.org and put in the Subject line Internship.