



GOTRRI COACH CPR & First Aid Requirements & Resources

All Head, Assistant & Substitute coaches must hold current CPR & First Aid certification before the start of the season.

The CPR/First Aid certs must meet the standards of the American Red Cross, American Heart Association or the National Safety Council, all of which are aligned with OSHA.

GOTR International requires an in-person skill check to complete the CPR certification; a blended learning format is recommended.

- [American Red Cross](#)
- [American Heart Association](#)
- [National Safety Council](#)
- [Pro First Aid](#)

**Please email documentation of your
CPR and First Aid Certification to:
grace.savage@girlsontherun.org**

Thank you!