# > We are so very grateful! <

**Girls on the Run** inspires girls to be **joyful**, **healthy** and **confident** using a fun, experience based curriculum which creatively integrates running.



#### Dear Friends,

Here's to strong, healthy, confident girls!

Thanks to your support, Girls on the Run:

## Changed lives

- 85% of girls improved in confidence, competence, caring, character and connection.
- 97% of participants learned critical life skills
- Girls who were least active at the start of the season increased in physical activity by more than 40%.\*

And that's just the beginning! Our program teaches essential life skills that help girls approach decision-making and conflict with careful intention. So they're not just moving forward—they have a tangible destination in mind.

Thank you again for supporting Girls on the Run of Berks County. We *run* because of you.

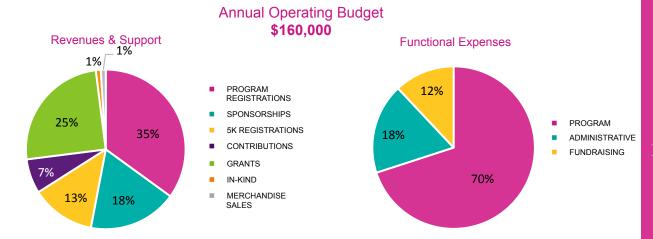
With gratitude, Sandra Krafczek | Executive Director

Girls on the Run of Berks County 2017 Gratitude Report

## > 2017 in Review <

In 2017, an amazing group of **618 volunteers** changed the lives of **724 girls** who then completed **32 community impact projects** and **celebrated** at **two 5K events**.

#### 2017 Girls on the Run of Berks County Finances





#### 2017 Sponsors

The Junior League of Reading, PA, Inc.

Reading Hospital - Tower Health
East Penn Manufacturing
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> Specialty Rigging Company Tompkins VIST Bank

#### 2017 Foundation Support

FirstEnergy Foundation

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Berks County Community Foundation

#### 2017 Donors

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#### 2017 In-Kind **Donors**

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the TIII

West Reading Tavern



## > Our Sites Keep our Program Running! <

2017 Girls on the Run of Berks County Program Sites



**Girls on the Run National Partners** 













10th and Green Elementary 13th and Union Elementary Amanda E. Stout Elementary Amity Elementary Andrew Maier Elementary Birdsboro Elementary Brandywine Heights Intermediate Brecknock Elementary C.E. Cole Intermediate Cornwall Terrace Elementary Fleetwood Area Middle Glenside Elementary Governor Mifflin Intermediate Green Valley Elementary Greenwich-Lenhartsville Elementary Kutztown Elementary Lauer's Park Elementary Mifflin Park Elementary Millmont Elementary Mt. Penn Elementary Muhlenberg Elementary Northeast Middle School Northwest Elementary Riverside Elementary St. Ignatius School Schuylkill Valley Elementary Shiloh Hills Elementary Southwest Middle Spring Ridge Elementary Tilden Elementary Whitfield Elementary Willow Creek Elementary Wilson Southern Wilson West Middle School Wyomissing Hills Elementary

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### "Girls on the Run taught me to **NEVER QUIT**, and your friends can always help you out." - Megan, 5th grade | Girl on the Run

Contact Girls on the Run of Berks County 484-332-6132 | www.gotrberks.org | info@gotrberks.org

Girls on the Run of Berks County is qualified as a charitable organization under Section 501(c) (3) of the Internal Revenue Code. Contributions to Girls on the Run of Berks County are tax-deductible to the extent permitted by law. The official registration and financial information of Girls on the Run of Berks County may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.