



2016 Annual Report



# Girls on the Run • Northeast Ohio

**2015–2016**

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## **STAFF**

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**Kristie Spiegel**

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**Erin Mathews**

Administrative Coordinator

**Tricia Miller**

Community and Volunteer Coordinator

**Kristi Fox**

Development Director





# Fall 2015

## From a Girls on the Run Mom

This has been the very best experience for Kate. Kate now sees herself as an athlete! She used to worry herself to tears in gym class and even backyard sports with friends and family, about making mistakes in a game and not being “good at it.” She talks about herself being a runner now and is so proud of herself having something that she can do. You three coaches meeting with Kate and all those girls twice a week has so far been one of the best memories for her growing up. The program itself is wonderful, but it still takes incredibly special coaches to commit to these girls and show up with amazing enthusiasm and love for them every week. You all have made your mark on their hearts, and as their moms, we are so thankful and appreciate what you’ve done for them.

“I like sitting in the circle-  
It is like a *circle of trust*”

Avery



# Spring 2016

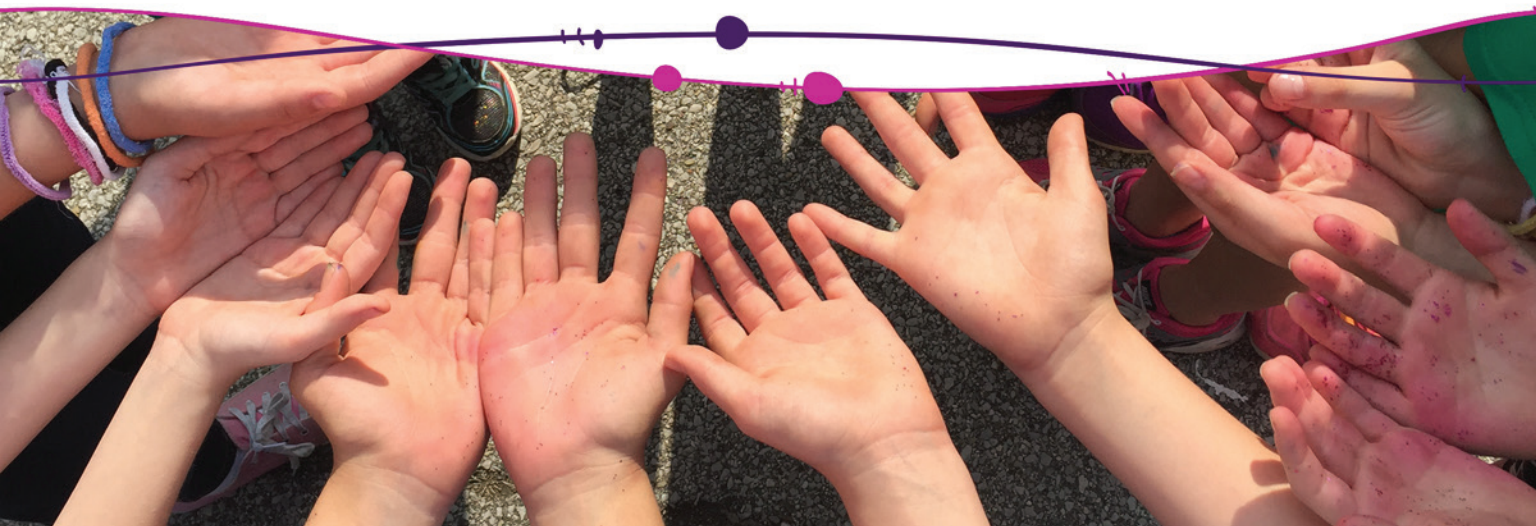
## OH Somers, Mogadore

At OH Somers this week, Coach Alex taught lesson 14, Putting an End to Gossip. After our workout, Alex divided the girls into 2 teams and gave each team a tube of glitter. She poured the glitter out into the first girl's hand and instructed the girls to pass the glitter all the way to the end of the line and then put ALL of the glitter back inside the tube. The girls were not permitted to dust off or wipe off any of the glitter, it ALL had to be put back inside the tube. As you can imagine, the girls were becoming frustrated with the tiny specks of glitter leftover on their hands and even on their faces and clothes!

In the end, most of the glitter made it back inside the tube. But, some glitter remained on hands, clothes and faces. This was a powerful visual of how once you start or become involved in the chain of gossip, it is ALWAYS on your hands and next to impossible to get rid of or take back. Our girls loved this lesson and I believe it "stuck!"

## St. Angela Merici, Fairview Park

I just wanted to share the attached pictures of individuals in Haiti receiving the shoes the Girls on the Run families donated in the spring. My brother's church had a group go down on a mission trip and passed out the shoes. The volunteers said that shoes are a hot commodity in Haiti. Thank you to everyone who donated their gently used shoes to the less fortunate!



# Heart and Sole Full of Girls

Leave it to us for cooperation,  
we have made our own nation.

**Heart & Sole**, full of spirit,  
we won't let anyone clear it.

**Heart & Sole**, full of brains,  
Let us break our reigns.

**Heart & Sole**, full of heart,  
come on, we will let you take part.

**Heart & Sole**, full of body,  
we shall work even when cloudy.

**Heart & Sole**, full of social,  
you will see we are made of moral.

**Heart & Sole**, full of girls,  
girls made of gold and pearls.

Alyssa



# 2016 Financial Report

## INCOME

Individual Contributions	\$12,873.95	4%
Corporate Contributions	\$20,504.00	7%
Grants	\$46,535.00	16%
Program Fees	\$169,692.08	58%
5k Income	\$33,312.99	11%
Merchandise Sales	\$7,418.87	3%
<b>Total</b>	<b>\$290,336.89</b>	

## EXPENSES

Personnel Expenses - Program	\$95,323.00	36%
Personnel Expenses - Admin & Fundraising	\$39,336.00	15%
Professional Expenses	\$14,414.00	5%
Office Expenses	\$5,528.66	2%
Occupancy Expenses	\$3,879.96	1%
Operational Expenses	\$12,061.92	5%
Travel/Meals/Entertainment Expenses	\$5,971.07	2%
Insurance	\$5,232.00	2%
Program Expenses	\$46,360.67	17%
5k Expenses	\$32,679.68	12%
Cost of Goods Sold	\$5,647.80	2%
<b>Total</b>	<b>\$266,434.76</b>	



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