

Participant and Parent/Guardian Expectations

Attendance

The content of the program is more than just running, so attendance is very important to the integrity of the experience for ALL the participants. It is important to the efficacy of the girl's program experience that they participate in both sessions each week for the duration of the 10-week season. That said, we understand that many girls participate in a wide variety of activities and we would not want this to preclude their participation in our program.

Transportation

Participants must be picked up by a parent/guardian within 10 minutes of the close of each practice session. If the participant is identified as a 'walker' by the school on a normal school day, they may walk home from practice.

5k Running Buddy Policy

Parents/Guardians are expected to locate a responsible adult (16+ years old) to participate in the end of season 5k alongside their participant. This adult may be a parent, guardian, family member, family friend, or another adult deemed responsible by the parent/guardian. Coaches may serve as a running buddy for up to 4 girls on their team. The running buddy will need to register and pay a separate fee to participate in the 5k.

Behavior

Girls on the Run strives to provide a safe and uplifting environment for all participants. In accordance with the Girls on the Run mission, vision and core values, all program participants are expected to interact with responsibility, connectedness, gratitude, optimism, joy, intentionality, compassion and an open-heart. Girls on the Run does not tolerate bullying behavior. Bullying behavior is defined as an action that is intentionally done to hurt another person. These actions include physical, social/emotional or verbal bullying. Coaches will follow our Behavior Management Plan to address any inappropriate behavior.

Payment / Cancellation / Withdrawal from the Program Policy

The girl's parent/guardian is responsible for contacting Girls on the Run (NOT the coach) with an email request if their daughter is dropping from the program. Girls on the Run of NJ East will issue a full refund of the program fee less a \$25 processing fee if a girl withdraws from the program up until two weeks after the program start date. Refunds after this date are at the discretion of the Executive Director. If a site is canceled due to insufficient registration or other circumstances deemed appropriate by the Program Director, the full registration fee will be refunded.