



# A Year of Limitless Potential



*We inspire girls to be joyful, healthy and confident using a fun, experience based curriculum which creatively integrates running.*



## Dear Friends,

At Girls on the Run, one of our core values is to express joy, optimism and gratitude through our words, thoughts and actions. Our girls say—and show—gratitude best.

“I am grateful for Girls on the Run. I did it last year and I can’t wait to do Heart & Sole this year!”

“Each night before I go to bed, I write in my grateful box on my chalk wall. I am grateful for a lot of things, from a positive day at school to the sunshine! I just want the world to be full of peace. It’s very simple to love one another. I would like everyone to listen to this.”

Because of your support, our girls have the opportunity to learn an attitude of gratitude. In fact, one lesson in our Girls on the Run curriculum is entirely devoted to expressing gratitude. As part of the lesson, girls reflect on what they are grateful for while running or walking laps. With the completion of each lap, girls write down something they are grateful for that begins with one of the letters in the word “gratitude.” At the end, girls not only have a list of 9 powerful people, things, or circumstances they are grateful for but also leave feeling immensely proud of their hard work.

**With gratitude,  
Stephanie McClintock | Council Director**



Girls on the Run Mid Michigan  
2015 Annual Report



## 2015 Year in Review

In fiscal year 2016, an amazing group of **200 volunteers** changed the lives of **600+ girls** who then completed over **35 community impact projects** and **celebrated at our 5k event.**

## Special thanks to our Local Sponsors:

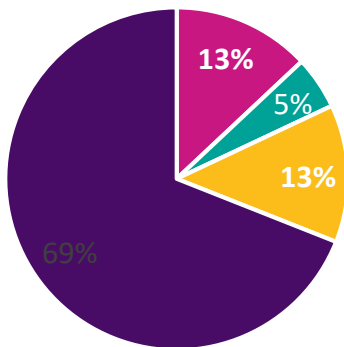
Community Foundation of Greater Flint  
 Cook Family Foundation  
 Crim Fitness Foundation  
 Douglas J Michigan Fitness Foundation  
 Jackson National Playmakers  
 United Dairy Industry of Michigan  
 Volkswagen of Grand Blanc  
 Al Serra  
 Zonta Club of East Lansing Area

## National Partners:

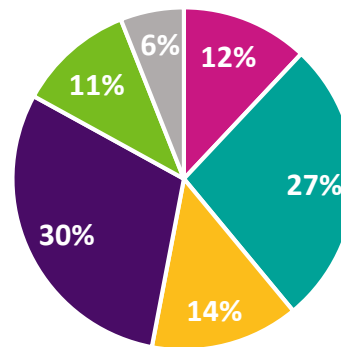


## 2015 Financial Information

Revenues and Support  
 \$104,785



Functional Expenses  
 \$78,432



■ Sponsorship   ■ Contributions  
 ■ Grants   ■ Earned Income

■ 5k   ■ Program   ■ Office  
 ■ Personnel   ■ Professional   ■ Insurance

## Board of Directors

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“Girls on the Run could make any girl **fearless** because when you’re surrounded by people you **trust, respect** and **care** for, **nothing can hold you back** from being the most beautiful person you have **grown to be.**”

Josie | Girl on the Run

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