



Fall 2017

INTERNSHIP OPPORTUNITIES WITH GIRLS ON THE RUN TWIN CITIES

Organization Description

Girls on the Run Twin Cities is a non-profit 501(c)(3) community-based organization. Our mission is to inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. Our 500+ volunteer coaches mentor more than 2,000 young girls (3rd through 8th graders) each season with a 10-week, 20-lesson curriculum that combines training for a 5K with self-esteem enhancing, uplifting lessons. We integrate running with specific life-skills training such as healthy decision-making, dealing with bullies, contributing to the community, leadership and teamwork in schools and communities throughout the Twin Cities. Our Fall 2017 internships provide an opportunity to make a difference and receive valuable experience with an outstanding youth wellness program. **We have internship opportunities in Program Management, Special Events, Fundraising and Community Outreach. Our interns are expected to work a minimum of 10 hours per week throughout the semester, including serving as a GOTR Head Coach.**

Responsibilities include:

- Serving as a Girls on the Run head coach (leading two 90-minute sessions each week)
- Assisting with coach recruitment, training and support throughout our 10-week season (Sept - Nov) as a member of Team Adelaide, our program support team
- Assisting with program publicity throughout the community
- Assisting in fund development efforts and planning our Girls on the Run Fall 5k on November 11, 2017
- Assisting with administrative duties that support the overall operations of GOTRTC

Required qualifications:

- Be a positive role model for health and self-esteem
- Possess computer competence, including Microsoft Office, data management, and email
- Possess the willingness and ability to manage multiple tasks simultaneously
- Be flexible, adaptable, pro-active, dependable and personable

Internships will run September 5th – December 14th (in addition to mandatory coach training in August)

Note that a background check and references will be required and that you may be able to receive school credit for your involvement.

For consideration for a Fall 2017 internship, please send resume and cover letter both as attachments by May 4, 2017 via email to intern@gotrtwincities.org with subject line GOTR Fall 2017 Internship.

Visit www.gotrtwincities.org for more information.